

YOUR RECOMMENDED DAILY SUN ACCOUNT

How often should I be applying sun lotion if out in the sun?

How you apply sun cream matters: do it first thing, do it indoors and apply enough. Regardless of brand chosen, any application in direct sunlight (i.e when you're already on the sun lounge) increases evaporation before it's had a chance to bond with the skin, reducing its power to protect.

Apply liberally to all exposed, or potentially exposed, parts of the body. You are also more likely to miss bits if you are rushed for time. Because of the technologically advanced formula, **Ultrasun** products require just one application a day to deliver long lasting, high level protection from both UVA and UVB rays. Generally one application is sufficient but another application may be required after extensive sweating, swimming, towel drying or in extreme temperatures.

Please refer to your sun account to make sure you use the right level SPF for your skin and do not exceed the amount of time you can spend in the sun.

Please note: reapplying sun protection does not increase the sun exposure time originally calculated for you.

Ultrasun Sun Account

Maximum recommended sun exposure time per day based on your skin type, sun intensity, and sufficient application:

		SPF 20			
		Skin's natural self protection time	Calculated protection time	Safety reduction*	Maximum recommended exposure time
Phototype 1 Very pale/sensitive skin	Normal sun	10 min	3h 20 min	-30%	2h 20 min
	Extreme sun	3 min	1 h		42 min
Phototype 2 Fair skin	Normal sun	20 min	6h 40 min	-30%	4h 40 min
	Extreme sun	10 min	3h 20 min		2h 20 min
Phototype 3 Medium complexion	Normal sun	30 min	10 h	-30%	7h
	Extreme sun	20 min	6h 40 min		4h 40 min
Phototype 4 Olive complexion	Normal sun	45 min	10 h+	-30%	7h +
	Extreme sun	30 min	10 h		7h

* Repeated activity such as swimming, perspiring or towel drying can reduce your protection time. Please use this table as a guide only.

Ultrasun Sun Account

Maximum recommended sun exposure time per day based on your skin type, sun intensity, and sufficient application:

		SPF 30			
		Skin's natural self protection time	Calculated protection time	Safety reduction*	Maximum recommended exposure time
Phototype 1 Very pale/sensitive skin	Normal sun	10 min	5 h	-30%	3h 30 min
	Extreme sun	3 min	1h 30 min		1h 03 min
Phototype 2 Fair skin	Normal sun	20 min	10 h	-30%	7h
	Extreme sun	10 min	5 h		3h 30 min
Phototype 3 Medium complexion	Normal sun	30 min	10 h+	-30%	7h +
	Extreme sun	20 min	10 h		7h
Phototype 4 Olive complexion	Normal sun	45 min	10 h+	-30%	7h +
	Extreme sun	30 min	10 h+		7h +

* Repeated activity such as swimming, perspiring or towel drying can reduce your protection time. Please use this table as a guide only.

Ultrasun Sun Account

Maximum recommended sun exposure time per day based on your skin type, sun intensity, and sufficient application:

		SPF 50			
		Skin's natural self protection time	Calculated protection time	Safety reduction*	Maximum recommended exposure time
Phototype 1 Very pale/sensitive skin	Normal sun	10 min	8h 20 min	-30%	5h 50 min
	Extreme sun	3 min	2h 30 min		1h 45 min
Phototype 2 Fair skin	Normal sun	20 min	10 h+	-30%	7h +
	Extreme sun	10 min	8h 20 min		5h 50 min
Phototype 3 Medium complexion	Normal sun	30 min	10 h+	-30%	7h +
	Extreme sun	20 min	10 h+		7h +
Phototype 4 Olive complexion	Normal sun	45 min	10 h+	-30%	7h +
	Extreme sun	30 min	10 h+		7h +

* Repeated activity such as swimming, perspiring or towel drying can reduce your protection time. Please use this table as a guide only.

Ultrasun Sun Account

Maximum recommended sun exposure time per day based on your skin type, sun intensity, and sufficient application:

		SPF 50+			
		Skin's natural self protection time	Calculated protection time	Safety reduction*	Maximum recommended exposure time
Phototype 1 Very pale/sensitive skin	Normal sun	10 min	10 h	-30%	7h
	Extreme sun	3 min	3 h		2h 06 min
Phototype 2 Fair skin	Normal sun	20 min	10 h+	-30%	7h +
	Extreme sun	10 min	10 h		7h
Phototype 3 Medium complexion	Normal sun	30 min	10 h+	-30%	7h +
	Extreme sun	20 min	10 h+		7h +
Phototype 4 Olive complexion	Normal sun	45 min	10 h+	-30%	7h +
	Extreme sun	30 min	10 h+		7h +

* Repeated activity such as swimming, perspiring or towel drying can reduce your protection time. Please use this table as a guide only.